

Preparing for Kindergarten

Please use this as a guide to help prepare your child for kindergarten

Self Help Skills

Your child should be able to...

- Use the restroom independently
- Wash hands after using the restroom
- Open snacks independently
- Throw trash away and clean up after him/herself

Social/Emotional

Please help your child to...

- Wait his or her turn
- Follow 2 & 3 step directions
- Sit for a 10-15 minute story
- Keep hands and feet to self
- Share
- Be kind to self and others
- Practice good manners: "Thank you, please, no thank you..."

Academics

Your child will be more successful if he or she is able to...

- Write first name (first letter capital, the rest lower case)
- Recognize letters of the alphabet
- Sing ABC song
- Count to 30
- Identify basic shapes and colors
- Sing songs and recite nursery rhymes

Ask Yourself

- Do I read daily to my child?
- Are bedtime routines established?
- Am I providing numerous fine motor experiences: using pencils, crayons, glue sticks, scissors?
- Do I take walks/play with my child?
- Do I limit my child's screen time?
- Am I ready to begin a partnership with my child's school?

We look forward to working with you and your child!